



Call (tel number here) or visit
(yourlocalNHShealthcheckURL here)

Aged 40-74? Find out about our **FREE** NHS Health Check

Even though you might be feeling great, if you're over forty you may be at risk of heart disease, stroke, kidney disease, diabetes or dementia.

A **FREE** NHS Health Check can help you reduce these risks and make sure that you stay healthy.

**NHS
HEALTH
CHECK**

Helping you prevent
diabetes
heart disease
kidney disease
stroke & dementia

In partnership with

YOUR
COMMERCIAL
PROVIDER
LOGO HERE

YOUR
LOCAL
AUTHORITY
LOGO HERE