

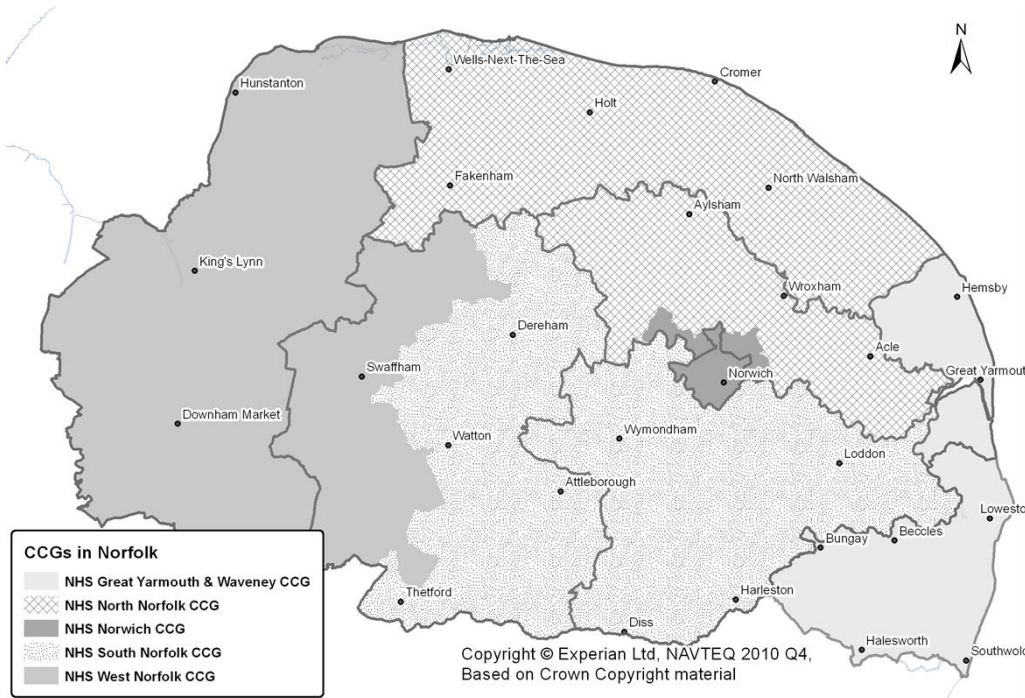
# A mature workplace

# NHS Health Check service in Norfolk

Presented by Justine Hottinger & Paddy Lorenzen  
Norfolk County Council



# NHS Health Check Programme in Norfolk



**1 County Council, 7 District Councils, 5 CCGs**  
**Eligible population = 275,000**

**100 GPs**

**Workplace, Pharmacy  
and Prison**



**85%**



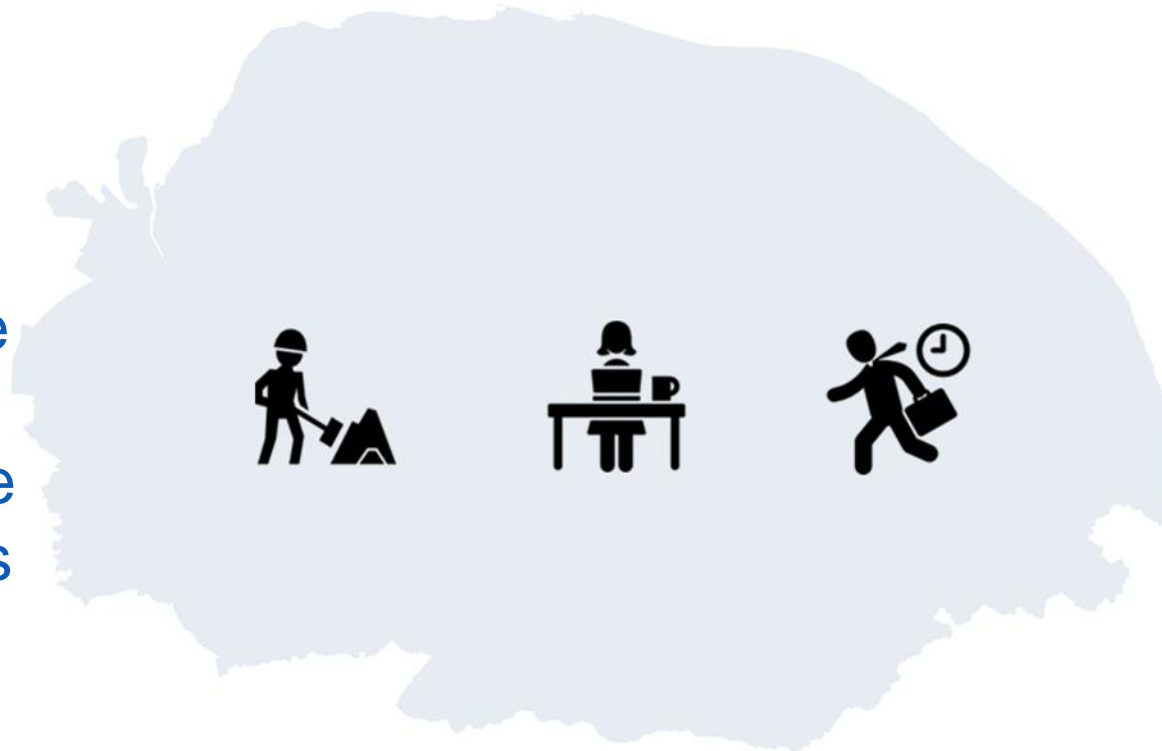
**15%**

Icons made by Freepik from [www.flaticon.com](http://www.flaticon.com)



# Why Workplace

- Role of workplace
- Accessibility
- Reach working age
- Men
- Link with workplace health programmes
- Strategic objective



# Workplace NHS Health Checks at NCC

- Why we did it
- How we did it
- Who we wanted to do health checks for
- Where we wanted to do health checks



# NHS Health Check Results NCC workforce 2010 - date



1929



HC 71%  
WF 84%

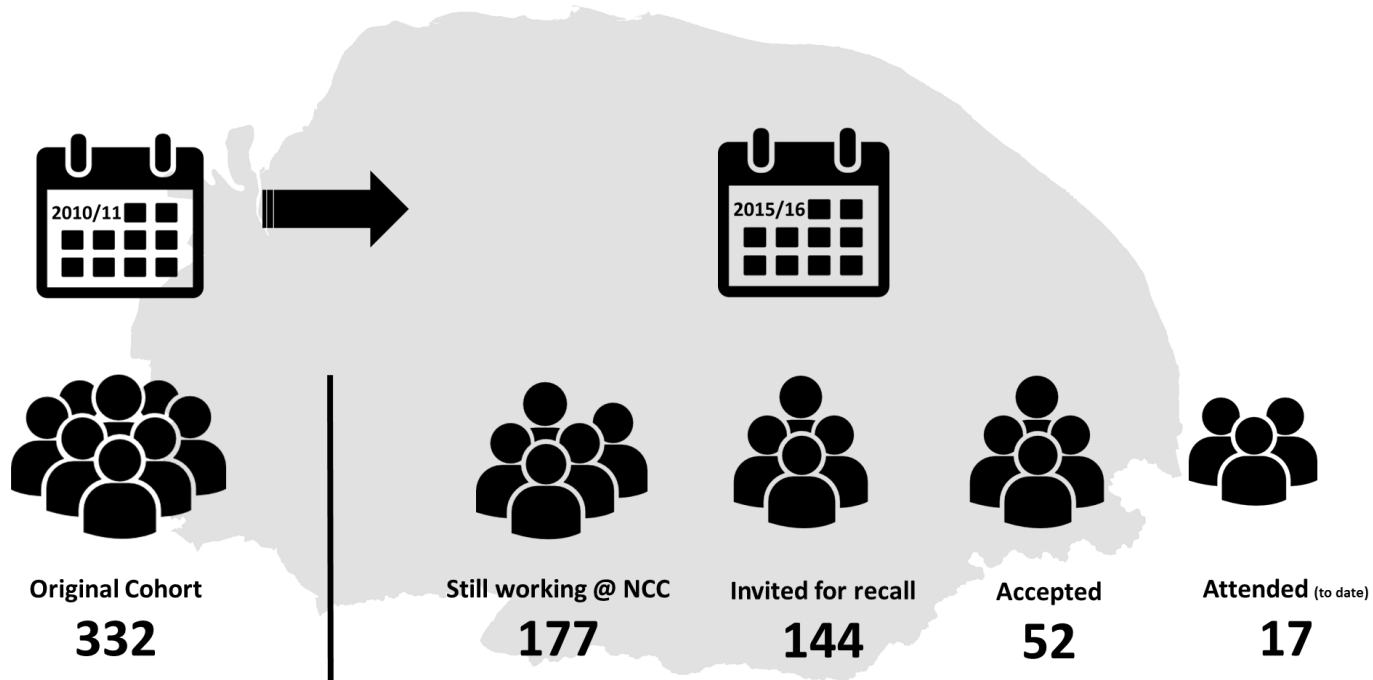


HC 29%  
WF 16%

BMI category	Number of individuals	Percentage of group
Under 25	680	35.3%
25 to 29.9	799	41.4%
30 to 34.9	320	16.6%
35 or over	129	6.7%
<b>Total</b>	<b>1928</b>	<b>100%</b>
CVD risk category	Number of individuals	Percentage of group
Under 5	1221	68.6%
5 to 9.9	380	21.3%
10 to 19.9	156	8.8%
20 or over	24	1.3%
<b>Total</b>	<b>1781</b>	<b>100%</b>

# NCC NHS Health Check programme in numbers

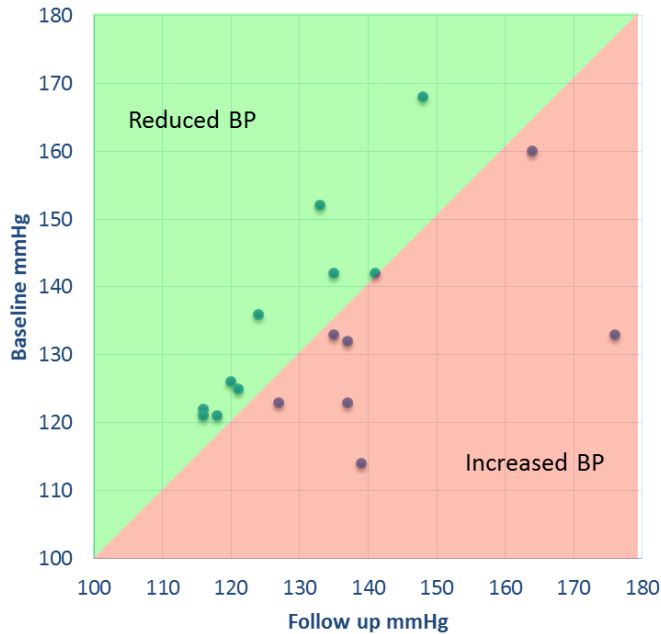
## Recall



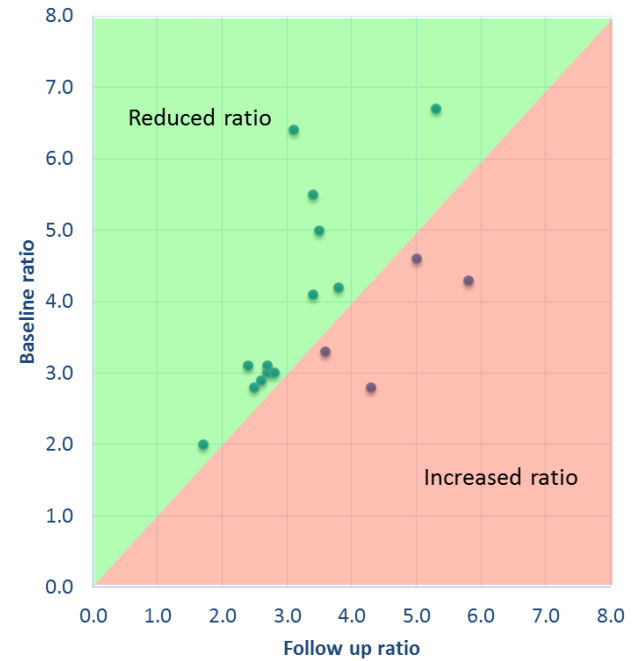
# NHS Health Check Recall Results

## Blood pressure and cholesterol ratio

Systolic BP

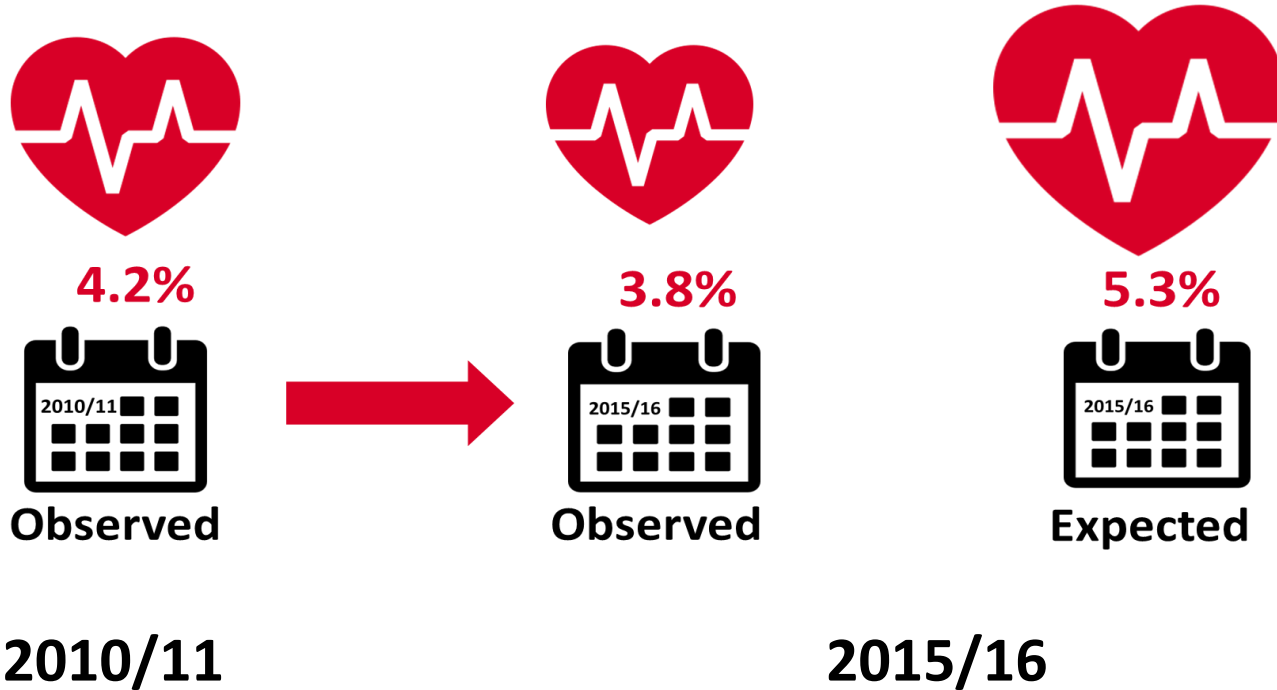


TC:HDL ratio



# NHS Health Check Results – Recall data

## Observed CVD Risk score over 5 years





## Next Steps and Summary

- Continue with NCC staff recall & build case studies
- Work with UEA and on impact data including CVD risk score
- Workplace NHS Health Checks are a good setting to access working age people, men
- NHS Health Checks are best integrated into a wider programme of workplace health

# Discussion / Questions



# Contacts & Acknowledgements

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