

NHS Health Check Competency Framework Portfolio for Community Based Providers

(To accompany the Learner Workbook)

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Learner Name:

Assessor Name:

Workplace:

Commencement Date:

Unit 1: NHS Health Check programme knowledge

Date:

- 1. Learner was observed preparing and conducting an NHS Health Check (check list used)**

Feedback:

- 2. Learner is able to communicate risks i.e. Qrisk2, clinical measurements that are out of normal parameters i.e. cholesterol results, lifestyle risks (i.e. smoking, weight, physical activity, alcohol etc).**

Feedback:

- 3. Learner offers reassurance and positive feedback for healthy behaviours and is aware of and knows how to access referral pathways (for clinical and lifestyle follow up).**

Feedback:

- 4. Learner receives regular feedback (develop universal questions) from a person receiving a health check.**

Please add copies of client/patient feedback questionnaires:

- 5. What areas do you need to further develop based on the feedback received?**

Unit 4: Carry out NHS Health Check assessments with clients at risk of developing cardiovascular disease

Date:

1. **Attach NHS Health Check training presentation on anatomy and physiology (see on line resource).**

2. **Identify any areas within the presentation where you need to increase your understanding.**
 - i)
 - ii)
 - ii)

3. **Facilitated group session discussing physiology and anatomy.**

Key learning:

- i)
- ii)

Unit 10: Support NHS Health Check clients to access information on services and facilities

Date:

- 1. Use case studies and discussion to demonstrate an understanding of the importance of being able to support individuals to access services and information.**

- 2. Identify barriers that may prevent an individual from accessing support and services.**

