



Action notes

Title of meeting: NHS Health Check Expert Scientific and Clinical Advisory Panel
Date: Wednesday 1 March 2017
Time: 10:00 – 12:00
Venue: Board Room, Wellington House, 133 – 155 Waterloo road, SE1 8UG

Dial in details: [Join Skype Meeting](#) (please use the hyperlink)
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Attendees:

Chair

John Newton, Chief Knowledge Officer, PHE
Jamie Waterall, NHS Health Check – National Lead, PHE
Ash Soni, Vice Chair, English Pharmacy Board
Charles Alessi, Senior Advisor, PHE
Jonathan Valabhji, National Clinical Director for Obesity and Diabetes, NHS England
Felix Greaves, Deputy Director, Science and strategic information
Matt Kearney, National Clinical Director for Prevention, NHS England
Huon Gray, National Clinical Director for Heart Disease, NHS England
Anne Mackie, Director of programmes, UK NSC
Gillian Fiumicelli, Head of vascular disease prevention, London Borough of Bromley
Dawn Moody, Associate national clinical director for Older People on behalf of **Martin Vernon**, National Clinical Director for Older People, NHS England.
Alistair Burns, National Clinical Director for Dementia, NHS England
Peter Kelly, Centre director North East, PHE
Ruth Chambers, GP, Clinical Chair Stoke-on-Trent CCG
Zafar Iqbal, Deputy Director of Public Health, Stoke on Trent
Michael Soljack, Clinical Research Fellow, Imperial College
Tom Marshall, School of Health and Population Sciences, University of Birmingham.
Juliet Usher-Smith, Clinical lecturer in general practice, University of Cambridge
Jonathan Mant, Professor of Primary Care Research, University of Cambridge
Slade Carter, Deputy national lead, CVD prevention team, PHE
Katherine Thompson, Deputy national lead, CVD prevention team PHE

Telephone

Telephone

Telephone

Guest

Guest

Guest

Guest

Secretariat

Secretariat

Meritxell Rosell, Senior support manager, CVD prevention team, PHE

Apologies

Kevin Fenton, Director of Health and Wellbeing, PHE

Nick Wareham, Director of the MRC Epidemiology Unit and co-Director of the Institute of Metabolic Science

David Wood, Professor of Cardiovascular medicine, Imperial College London

Mark Baker, Centre for Clinical Practice Director – NICE

Lynda Seery, Public Health Specialist, Newcastle City Council

John Deanfield, Director of National Centre for Cardiovascular Prevention and Outcomes

Richard Fluck, Chair of the Internal Medicine Programme of Care board.

Anthony Rudd, National Clinical Director for Stroke, NHS England

Anmarie Connolly, Director of Health Equity and Impact, PHE

Theresa Marteau, Director of the Behaviour and Health Research Unit, University of Cambridge

Timings	Item Description	Paper	Lead
10:00 – 10:05	1. Welcome and apologies As shown on page 1 and 2. Welcome to Dr Ruth Chambers, a GP and clinical chair of Stoke on Trent CCG. Dr Chambers has agreed to join as a member providing expertise in primary care.		JN
10:05 – 10:15	2. Actions from the last meeting Action 28 – KT to circulate the shortened CMAJ right to reply text to the group. Complete. Action 29 – KT to recirculate PHEs publication: Action on Cardiovascular disease: getting serious about prevention to members. Complete. Action 30 – KT to explore the possibility of an NHS Health Check supplement in the journal of public health using the submitted conference abstracts. KT is in discussion with JPH Action 31 - ZI to share the contact details of the JPH editor with KT.	Paper 1 – ESCAP meeting notes November 2016	JW

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	<p>Complete</p> <p>Action 32 – KT to circulate the CVD conference registration link when it goes live.</p> <p>Complete.</p> <p>Action 33 – KT to circulate the link to the heart age BMJ paper.</p> <p>Complete.</p> <p>Action 34 – Matt Kearney to share an evidence based figure for levels of statin prescribing with James Woodcock. This is intended to inform the inclusion of a higher counterfactual figure in the microsimulation model.</p> <p>Complete. The Robson London paper was shared which reports prescribing rates of 48.9% in a London borough.</p> <p>Action 35 – NS to input in to the refresh of the NHS Health Check best practice guidance.</p> <p>Complete.</p> <p>Action 36 – John Newton to write to Mark Baker asking NICE to consider defining high risk as part of their update to their guidelines.</p> <p>Complete.</p> <p>Action 37 - CA to provide an update on the dementia pilots at a future ESCAP meeting.</p> <p>Planned for May 2017 meeting</p>		
10:15 – 10:30	<p>3. Programme update</p> <p>Jamie Waterall provided an update on the programme’s delivery, paper 2, and key pieces of work:</p> <p>Data shows a decline in delivery activity (paper 2). Duncan Selbie (PHE’s Chief Executive) has brought together a working group to explore what action might be taken. This includes exploring a marketing campaign and working with partners including NHS England, DH, ADPH and LGA to develop other actions.</p> <p>PHE published NHS Health Check health equity audit guidance in February 2017.</p> <p>PHE’s CVD and NHS Health Check conference took place on the 8 February. Presentations, conference abstracts and</p>	<p>Paper 2 – NHS HC 2016-17 Q2 data</p> <p>Paper 3 – Literature search</p>	JN/JW/KT

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	<p>a short film published on website. Feedback from 123 delegates shows that 92% rated the event as very good or good.</p> <p>PHE published the NHS Health Check best practice guidance with new information on the diabetes filter. The National Cardiovascular Intelligence Network have supported this by producing a tool that estimates those at high risk of diabetes, non-diabetic hyperglycaemia and Type 2 Diabetes for each LA using the work done to establish the thresholds for each of the risk calculators.</p> <p>Action 1 – Katherine Thompson to circulate the Q3 data report to members.</p> <p>Action 2 – Katherine Thompson to share link to conference resources.</p> <p>John Newton opened discussion about the literature searches and how helpful these are to the panel and how frequent should we be looking to undertake a critique of the various publications.</p> <p>Members agreed that the literature search continued to be helpful, so should continue, and a critique of the papers should happen once a year. There was some discussion on whether it should include emerging areas of work such as telehealth and mobile health care.</p> <p>Action 3 – Katherine Thompson to check that the recent publication from Imperial is included in the literature search.</p>		
10.30 – 10.40	<p>4. ESCAP report: Emerging evidence on the NHS Health Check</p> <p>Katherine thanked the members involved in the working group: John Deanfield, Matt Kearney, Zafar Iqbal and Felix Greaves. The final report was launched at the conference in early February. Early feedback from stakeholders is that they value having both the synthesis and report. They find the report particularly helpful as it summarises key findings and highlights implications for practice.</p> <p>Publication of the report has been promoted through PHE’s bundle, which goes to all DsPH. Matt Kearney has published a blog on NHS England’s website and shared the report with RCGP. Zafar Iqbal included information in the ADPH newsletter. Duncan Selbie (PHE’s Chief Executive) noted the publication in his Friday message which goes out to a wide</p>	Paper 4 – Emerging evidence on the NHS Health Check	KT

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	<p>range of stakeholders. A short video of John Newton introducing the report will be posted on You Tube.</p> <p>Additional planned communication activity includes hosting a webinar on the report findings. Members suggested it would be helpful to take the work directly to a range of individuals and organisations.</p> <p>Action 4 – Peter Kelly to raise the report with PHE Centre Directors to see if the report can be shared in regional DsPH meetings.</p> <p>Action 5 – Katherine Thompson to produce a single slide deck with key messages that partners can use to support a conversation on the report findings.</p> <p>Action 6 – Jamie Waterall to explore the possibility of doing a health matters on NHS Health Checks.</p> <p>Action 7 – Matt Kearney to follow up with RCGP on circulating the report to members.</p> <p>Action 8 - Zafar Iqbal to facilitate a dialogue with faculty of public health representatives – John Newton to attend the meeting.</p> <p>Action 9 – Katherine Thompson to circulate the patient stories as they come online.</p> <p>Action 10 – Katherine Thompson to work with members to identify senior GPs who would be willing to speak about their experiences of delivering the programme and to articulate what it means to them and their patients.</p>		
10.40 – 11.10	<p>5. NHS Health Check rapid evidence synthesis</p> <p>Juliet Usher-Smith summarised the findings from the evidence synthesis.</p> <p>Action 10 – Katherine Thompson to table an item at a future meeting to consider next steps for keeping the evidence under review at a future meeting.</p>	Paper 5 – NHS Health Check rapid evidence synthesis	JUS
11.10 – 11.40	<p>6. Cost effectiveness of case-finding strategies for primary prevention of cardiovascular disease: a modelling study</p> <p>Tom Marshall summarised the findings from his modelling work.</p>	Paper 6 – cost effectiveness modelling	TM
11.40 – 11.50	<p>7. National data extraction [standing item]</p> <p>Slade Carter confirmed that PHE has had extensive</p>		SC

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	<p>engagement and consultation with the RCGP/BMA/Joint GP IT Committee on the national data extraction. As a result, PHE has made modifications and further clarifications to the scope of the data extraction.</p> <p>The Primary Care Data Application has now been submitted to the Standardisation Committee for Care Information (SCCI) at NHS Digital. There will be further consultation with the Joint GP IT Committee through SCCI. SCCI will be formally reviewing the extract scope in March.</p>		
11:50 – 12:00	8. AOB		All
Dates of 2017 meetings	10:00 – 12:00, 17 May 2017		