

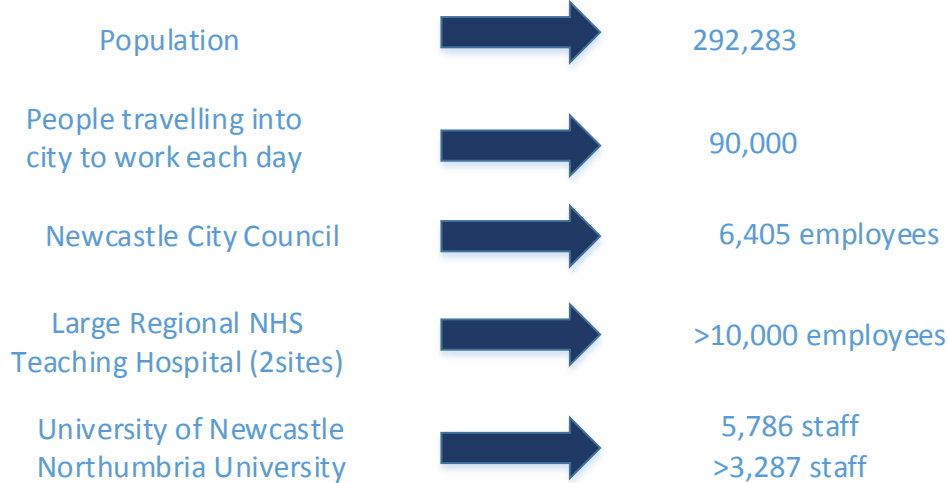
Getting Serious About Prevention 2017: Improving Cardiovascular Health Together

Manchester

9 February 2017



NHS Health Checks in Workplace Settings



Bronze
Silver
Gold
Continuing Excellence

Commitment from Newcastle City Council



Improving health in workplace settings is a priority

Newcastle City Council's Workplace programme

- * A targeted programme involving Newcastle City Council' Outreach Teams going into local workplaces to deliver NHS Health Checks
- * Systems used to deliver NHS Health Checks to Newcastle's 600 eligible police officers, at a local HMRC facility employing 14,000 people and
- * a project targeting the city's taxi drivers
- * Engagement with TUC (Trade Union Congress and the North East Better Health at Work Awards used to promote the programme.
- * Teaching staff working in city schools
- * SMEs - other small and medium enterprises across the city
- * BBC staff in Newcastle

Where we started:

- 1) Who leads it? – Public Health
- 2) What are our levers to ensure success? - BHAWA
- 3) When did project start? – Q1 2016 (but discussions and planning before that)
- 4) Who delivers it? - Commissioned Community Outreach teams deliver it proactively
 - HealthWorks - Health Trainers (6 Health Trainers)
 - NUFC – Newcastle United Football Club – Foundation arrangements (2 physios)
- 5) How are the data and results recorded? - one I.T. system used to capture all the information and report
- 6) Are the results sent back to person's GP, where they are registered? – Yes
- 7) Do we carry out any re-charge to neighbouring authorities? – No
- 8) What happens is a person is not eligible? – a mini MOT is offered
- 9) Are individuals referred on to other local services i.e. Stop Smoking Services, Exercise on Referral, Weight Loss services- Yes



Health Advocates are pivotal to successful delivery of a positive wellbeing culture in the workplace - and beyond.

Learning points

- * slow to get off the ground (particularly in large organisations)
- * not always viewed positively by staff (senior manager commitment needed)
- * challenge around large organisations (sessions not always well attended or cancelled at the last minute by organisations)
- * if working on a proactive basis have the discussions upfront about non eligible staff – the offer needs to be clear
- * cross boundary working – talk to neighbouring authorities particularly if any re-charging arrangement are necessary or acceptable
- * recording and reporting require consistently



Results from Q1 – Q3 2016

This is the data from the Q1-Q3 from the more detailed report, it doesn't show a lot of detail around the 'work place checks', but does show some provider level detail:

YTD - Provider Results

Year To Date:	Apr 2016 - Dec 2016
Project Area:	Newcastle Outreach
Total Full Health Checks (FHC):	715
Total Mini Health Checks:	464
Total Other Checks:	593
Total Not Eligibles:	35

Total High Risk CVD	18	715
Total Medium Risk CVD	89	
Total Low Risk CVD	608	

Health Check Provider	Site Code	Full Health Checks	Mini Health Checks	Low CVD (≤10%)	Medium CVD (10% - 20%)	High CVD (≥20%)	High CVD + GP Referral	Other GP Referral
HealthWORKS	HWN01	374	464	295	67	12	5	35
Newcastle Utd Foundation	NUF01	341	0	313	22	6	0	3
Active Health Team	AHT	0	0	0	0	0	0	0
Lemington Centre		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
Totals		715	464	608	89	18	5	38

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