

Musculoskeletal Physiotherapists as providers of NHS Health Checks; an untapped resource?

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Why?



Protecting and improving the nation's health

Salford

Unitary Authority



This profile was produced on 2 June 2015

Health Profile 2015

Health in summary

The health of people in Salford is varied compared with the England average. Deprivation is higher than average and about 26.6% (12,300) children live in poverty. Life expectancy for both men and women is lower than the England average.

Living longer

Life expectancy is 10.6 years lower for men and 10.3 years lower for women in the most deprived areas of Salford than in the least deprived areas.

Child health

In Year 6, 21.4% (494) of children are classified as obese, worse than the average for England. The rate of alcohol-specific hospital stays among those under 18 was 87.3*, worse than the average for England. This represents 43 stays per year. Levels of teenage pregnancy, GCSE attainment, breastfeeding and smoking at time of delivery are worse than the England average.

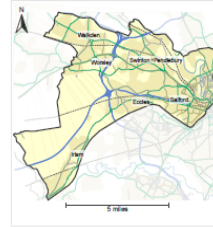
Adult health

In 2012, 27.0% of adults are classified as obese. The rate of alcohol related harm hospital stays was 95.4*, worse than the average for England. This represents 2,144 stays per year. The rate of self-harm hospital stays was 350.8*, worse than the average for England. This represents 991 stays per year. The rate of smoking related deaths was 415*, worse than the average for England. This represents 449 deaths per year. Estimated levels of adult smoking and physical activity are worse than the England average. Rates of hip fractures and sexually transmitted infections are worse than average. Rates of people killed and seriously injured on roads and TB are better than average.

Local priorities

Priorities in Salford include reducing alcohol-related harm, smoking and early deaths from cancer, respiratory and cardiovascular diseases. For more information see www.salfordnhs.uk and www.salford.gov.uk

* rate per 100,000 population



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Population: 233,000

M4-2013 population estimate. Source: Office for National Statistics.

This profile gives a picture of people's health in Salford. It is designed to help local government and health services understand their community's needs, so that they can work together to improve people's health and reduce health inequalities.

Visit www.healthprofiles.info for more profiles, more information and interactive maps and tools.

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Salford • 2 June 2015

(PHE 2015)



(AHPF, 2015)



(NHS England, 2014)

Salford Health Check Data (cumulative to date)

Total eligible population 2013-2018	62826
Number of people who were offered a NHS Health Check	29195 (46.5%)
Number of people that received a NHS Health Check	15695 (25%)
Percentage of people that received an NHS Health Check of those offered	53.8%

And so it grew?...collaboration....

NHS
Salford Clinical
Commissioning Group



Welcome to

NHS HEALTH CHECK

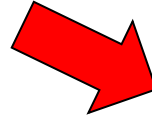
Helping you prevent

- diabetes
- heart disease
- kidney disease
- stroke & dementia

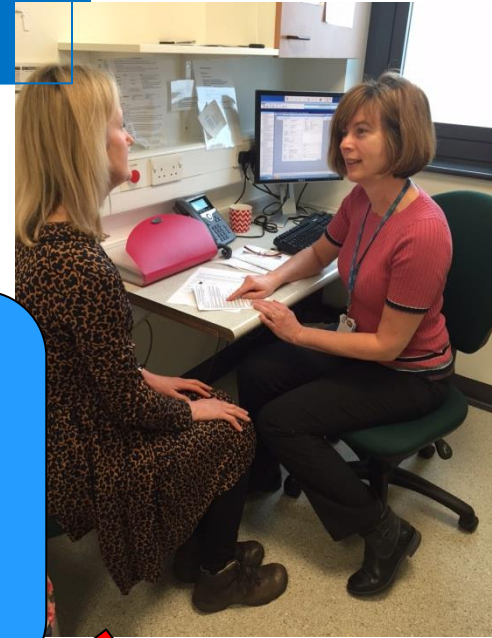


Health Check Pathway

Patients have 15 min
'Pre-appointment' with
therapy assistant, health
data collection, **NHS
health check if eligible**



Patients then see Advanced
Practitioner Physiotherapist
and discuss health data as
part of wider assessment.
Results and plan
action/referrals.



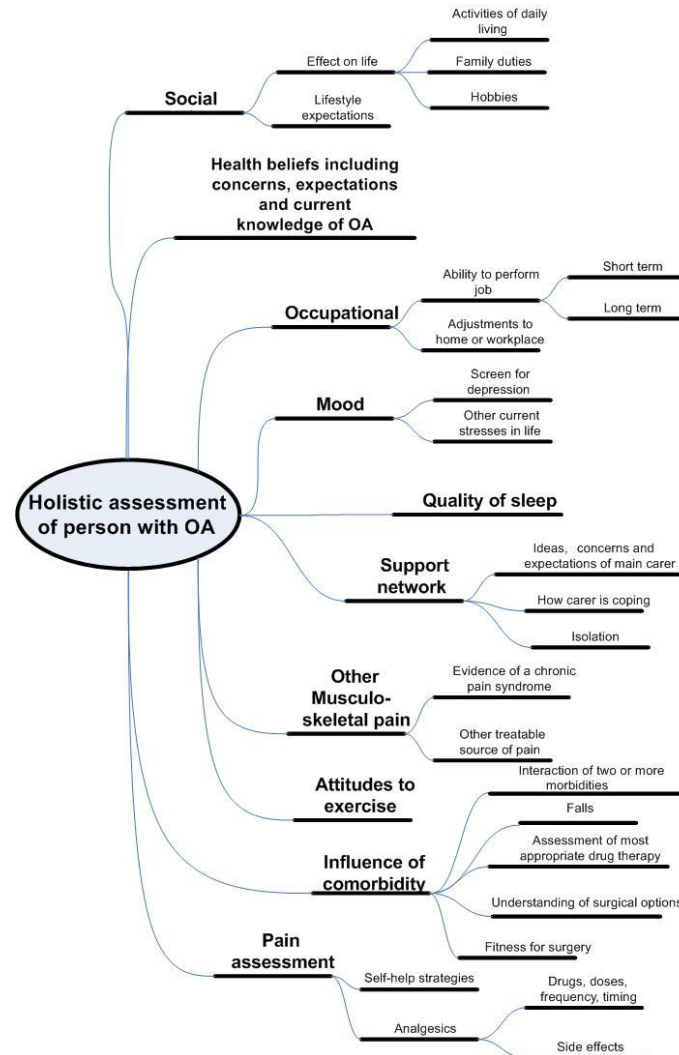
Data and plan are
communicated to GP
Patients plans
reviewed as part of
MSK follow up care



Point of Care
blood
(cholesterol
and Glucose)
as required

Management of OA (NICE 2014)

safe • clean • personal



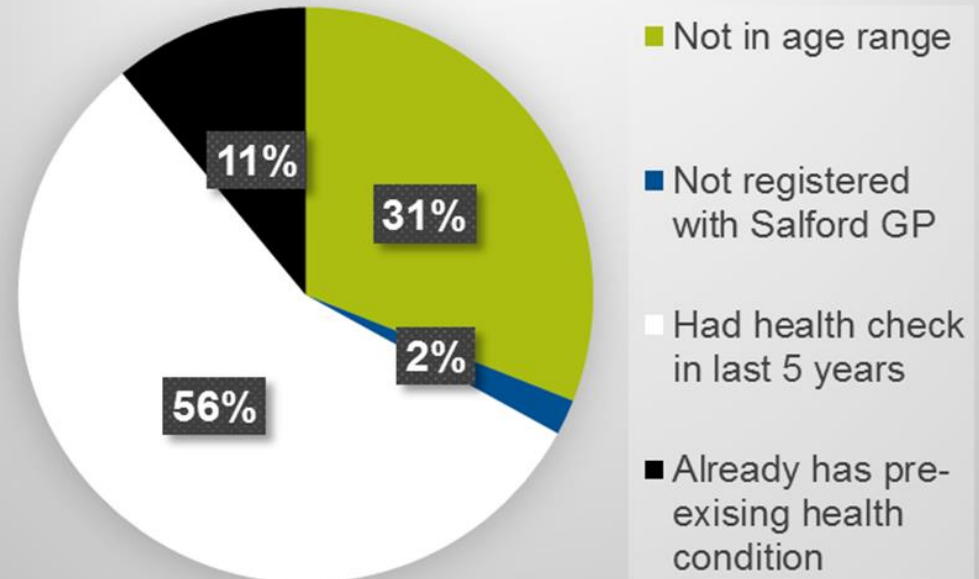
Scale Up and Spread...

- Next phase.... roll out to **all** MSK CATS pts (944/ month) with an estimated 20% of these eligible for a full NHS health check (188/month).
- Business plan; to roll out to all physiotherapy new patients (948/month) potentially 189 health checks/ month.
- Other physio departments work in similar models

Health check data

Total number patients seen for health assessment	410	
Number eligible for health check	74	18%
Number eligible for HbA1c test	192	47%

Reason for ineligibility



Project benefits...

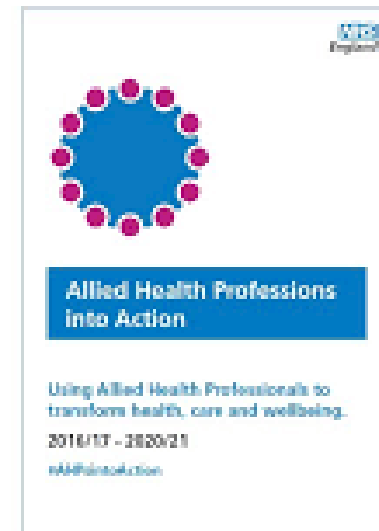
- Reduced points of contact for patients
- Opportunistic and timely
- Utilises wider physio and AHP workforce as public health practitioners.
- Health promotion embedded within management of other conditions
- ? Facilitates behaviour change and reduces repeat visits.

#AHPsintoAction

- Physiotherapists and AHP's are an untapped public health resource
- Embedding NHS health checks in routine MSK appointments can increase uptake and provide opportunistic and timely behavioural interventions

How we're
generating action

#AHPsintoAction



References

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